



Phone / Mobile / Whatsapp:  
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First Hand Costa Rica – <http://www.firsthand-costarica.com>

first hand Costa Rica  
Playa Buena Vista  
50205 Playa Sámara, Guanacaste  
Costa Rica



Your Picture

### Application Form

#### Personal Dates

First name:

Last name:

Date of birth:

male

female

Address Street:

Country | Zip Code | Area:

Telephone / Mobil:

Email:

Occupation / School:

Nationality:

Passport:

Nr:

valid until:

Vegetarian | Vegan:

yes

no

Allergy / chronic disease:

Regular needed  
medication:

Health Insurance:

Spanish knowledge:

yes

how long:

no

#### Contact for emergencies:

First name / Last name:

Address / street:

Country | Zip code | Area:

Telephone / Mobile:

Email:

**I want to book:**

- Spanish classes:  1 week
- first hand  2 weeks
- Language School  3 weeks
- 4 weeks

**The weeks for the Spanish classes have to be counted extra. Only together with the school project the first hand course can be done parallel!**

Recycling - Upcycling weeks / from-to:

School-project weeks / from-to:

Music-school weeks / from-to:

Rescue center weeks / from-to:

Rescue + Reforestation weeks / from-to:

Ara + Wildlife Reserve weeks / from-to:

Sloths - Field studies weeks / from-to:

**Turtle projects**

- Turtles / Buena Vista weeks / from-to:

- Turtles / Montezuma weeks / from-to:

- Turtles / Mata Palo weeks / from-to:

- Turtles / Osa weeks / from-to:

- Turtles / Caribe A weeks / from-to:

- Turtles / Caribe B weeks / from-to:

**Rainforest** weeks / from-to:

**Eco farm** weeks / from-to:

- Spanish class Farm  60 h (from 3 month on)

- Spanish class Farm  40 h (from 4 weeks on)

- Spanish class Farm  20 h (from 2 weeks on)

**Nationalparks**

- Barra Honda weeks / from-to:

- Cabo Blanco weeks / from-to:

- Diría weeks / from-to:

- Marina Las Baulas weeks / from-to:

- Camaronal weeks / from-to:

- Ostional weeks / from-to:

**Vol&Tour Packages** from-to:

- 4 weeks + 1 activity from-to:

- 8 weeks + 2 activities from-to:

- 12 weeks + 3 activities from-to:

Weeks in total: .....

I want to start: .....

(All projects start every Monday / You should arrive at the airport San José (SJO) the weekend before)

**Advice: It is NOT possible to change projects once you are in Costa Rica. Also, it is NOT possible to get the money back if you leave the project because you don't like it.**

**I read and accept the agreements and conditions for the voluntary service.**

..... / .....  
(Date, Signature volunteer – insert a jpeg)

Please mail the following to [mail@firsthand-costarica.com](mailto:mail@firsthand-costarica.com)

- Application Form
- Letter explaining your personal motivation for the voluntary service (max. 1 page).

I heard about first hand through:.....